

*Living out the love of Christ in our worship and service to all people.*

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## Welcome

A warm welcome to everyone. We are glad you have joined us in this celebration of our life of faith in God. There is a special church area to help children feel at home here, and we hope you will join us for morning tea after the Service.

### **The Bible Readings for today - 3<sup>rd</sup> Sunday in Lent**

Exodus 17: 1-7

Romans 5: 1-11

John 4: 5-42

## **INTRODUCTION**

### Living Water

In our gospel reading last week, Jesus met with a Jewish religious teacher late in the night. In our reading this week (John 4.5-42), he encounters a Samaritan woman in the middle of the day. In both instances, Jesus speaks of his gift of the Holy Spirit. 'Everyone who drinks of this water will be thirsty again', he tells the woman, referring to the water she offers him from the well, 'but whoever drinks of the water that I will give him will never be thirsty again.' That water, he continues, will become 'a spring of water welling up to eternal life'.

The verb for 'welling up' literally means 'to jump or leap up'. The Spirit that Jesus gives to those who entrust themselves to him is not passive, but lively and active. It is like rushing water, or, as Jesus tells Nicodemus, the wind (John 3.8). This rushing water and mighty wind takes us beyond ourselves, frees us from our self-preoccupations and carries us into the presence of God. Let us drink deeply from the living water that Jesus offers. May it overflow our lives and flood the world around us, carrying all things into God's presence.

## Sentence

'The water that I will give,' says the Lord, 'will become in you a spring of water welling up to eternal life.' *John 4:14*

## Collect

**Give us grace and courage to hope, and to risk disappointment.**

**Teach us to pray expectantly,  
and when our prayers seem to fail,  
bring us to pray again and again;  
for you are our God,  
who acts, and will act again.**

**Hear this prayer for your love's sake. Amen.**

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## Notices

**Can you spare a couple of hours once a month?** If so, we have a need for people to help with the washing up at the Community Lunch on a Friday? You only need to do 1 Friday a month if that is all you can do. You would be needed between 12 noon and 1.30 pm. Please contact Menna at the office or on the office phone.

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**Lent, in the Christian church,** is a period of spiritual preparation for Easter. In Western churches it begins on Ash Wednesday, six and a half weeks before Easter, and is a chance for the Church to reflect Jesus Christ's fasting in the wilderness before he began his public ministry.

We're changing up how we approach our work in 2026. This Lent we're asking for your financial support for one (or more) of our core work programmes. You can donate by credit card using the button on the Lenten Appeal 2026 page of the Anglican Missions Board website, or by a direct deposit using the following details (simply put the name of your desired programme ie. "water", "food", "climate" or "disasters") as the reference/code: our Bank Account details are: **Account: Anglican Missions Board**  
**Number: 02-0585-0001796-00**

<b>Weekly activities at both Church sites &amp; bookshop</b>		
<b>Day</b>	<b>Activity</b>	<b>Time</b>
<b>(A) = St Ambrose site</b>		<b>(C) = St Chad's site</b>
<b>Tuesday</b>	Morning Prayer	<b>(A)</b> 9.45am
	Food Bank and Cafe	<b>(A)</b> 10am—12 Noon
	Handiscope	<b>(A)</b> 1-3 pm
	Foot Clinic	<b>(C)</b> 2nd Tues of the month - Contact Menna re time
<b>Wednesday</b>	Op Shop	<b>(C)</b> 9am to 12 noon
	Eucharist	<b>(C)</b> 10am
	Parish Prayer Group	Temporarily in abeyance
<b>Thursday</b>	Elder Care Group	<b>(A)</b> 10am—12.30pm
<b>Friday</b>	Op Shop	<b>(C)</b> 9am to 12 noon
	Morning Prayer	<b>(A)</b> 9.45am
	Food Bank, Café and Firewood	<b>(A)</b> 10am—12 Noon
	Te Reo Service	<b>(C)</b> 11am
	Community Lunch - cost of meal \$5.00	<b>(C)</b> 12 noon
<b>Saturday</b>	Messy Church	<b>(A)</b> 1st Saturday of the month — 3pm to 4.30pm
<b>Sunday</b>	Eucharist	<b>(C)</b> 10am
<b><i>At the Barnabas Bookshop site - at 121 Seaview Road, New Brighton, in the mall there behind the Happy Feet shop.</i></b>		
<b>Days open</b>	Tuesday through Saturday inclusive (excludes Public Holidays)	Tuesday 10am to 4pm

<b><u>Next Week's Bible Readings — 4<sup>th</sup> Sunday in Lent</u></b>	
1 Samuel 16: 1-13	Ephesians 5: 8-14
John 9: 1-41	

**PARISH DIRECTORY for Linwood - Aranui**

**Website:** [www.linwood-aranuianglicanparish.com](http://www.linwood-aranuianglicanparish.com)

**Deacon - Curate:** Rev'd Dr André Muller 022 027 5913  
**Supervising Priest:** Ven Katrina Hill 029 770 3098  
**Messy Church Co-ordinator:** Rev'd Anne Russell-Brighty 027 436 6828

**Parish Recorder:** Adrian Brighty 027 824 3607  
**Bishop's Warden:** Max Joines 384 1934  
**People's Warden:** Billy Pamatangi 022 618 8420  
**Parish Manager:** Martin Witty 021 222 2007  
**Community Worker:** Menna Harries 022 691 3261

*St Chad's Church is at the corner of Carnarvon Street and Buckleys Road*

**Office – at St Chad's:** Hours 9-noon Wed, Fri 389 5833  
**Email:** [linwoodstchads@gmail.com](mailto:linwoodstchads@gmail.com)

*St Ambrose Church is at 309 Breezes Road, just off Pages Road*

**Office – at St Ambrose:** Hours 10-noon Tues, Fri 388 6699  
**Email:** [stambrose@xtra.co.nz](mailto:stambrose@xtra.co.nz)

*If you want to make a donation to the Parish, our bank account is:  
Name: Parish of Linwood — Aranui: No: 03-1700-0214522-00.*

**Humour**

Is lying in bed saying  
“Oh God” enough to say  
we have been to church?